



*Recreational Peer Network for Altruistic Survivors:
Child Sexual Abuse & Sexual Assault*

Press Release
For Immediate Release
Monday, April 2, 2018

Approved for Release: Ronnie McCowan, Treasurer
Phone: 805.458.6385
Contact: Theresa Wolfe-Masicampo, Founder & CEO

AN AGENT FOR CHANGE, THERESA WOLFE MASICAMPO, FOUNDER CEO OF COASTAL THRIVERS CORPORATION EMBRACES HER VOICE, ANNOUNCING SHE SEEKS TO EMPOWER INDIVIDUALS WITHIN THE COMMUNITY TO SUPPORT SURVIVORS OF SEXUAL ABUSE AND ASSAULT BY CREATING A PEER NETWORK FOR THRIVERS, COASTAL THRIVERS CORPORATION. COASTAL THRIVERS NONPROFIT CORPORATION INVITES THE COMMUNITY TO THEIR INAUGURAL POLYNESIAN BENEFIT DINNER.

Mayor, Council, the public of Grover Beach, and all of San Luis Obispo County, my name is Theresa Wolfe Masicampo, a survivor of sexual abuse, and a thriver here on the Central Coast.

I'm here today as a witness to the City of Grover Beach declaring April 2018 the "Month of the Child," "Child Abuse Prevention Month," and "Sexual Assault Awareness Month." I am also here to inform the community about a new grass roots non-profit called, Coastal Thrivers Corporation.

Coastal Thrivers is a recreational peer network for altruistic survivors of child and adult sexual abuse and assault, "Thrivers."

We are here because so many times victims of abuse use negative coping habits like drinking, drug use, and engage in unhealthy relationships to avoid dealing with the ongoing pain that occurs, called, Post Trauma Stress Disorder, (PTSD).

Some victims seek help through crisis programs like Stand Strong and RISE, and/or use private council, which we highly encourage and support. Once the victim reaches an allotted number of visits they are considered a survivor. Many continue council, others work on normalizing and creating a better life; however, many don't have the ongoing support they need to sustain new healthy habits.

Coastal Thrivers is the next step in the process of development. We focus on our successes and support our peers by engaging in continuous education and recreational activities that help create new muscle memories which can condition the whole person for a sustainable recovery.

Some of these activities include: educational seminars, hiking, biking, gardening, running, kayaking, surfing, and an annual retreat. One of Coastal Thrivers Outings in June will consist of a morning Yoga and a surf lesson on Pismo Beach with "Extending Grace Yoga" and "Amps surf." It will be a time where Thrivers can connect with other survivors in support of one another.

In addition, we will hold public events that inform and invoke healthy attitudes towards healing our community. These include our annual benefit dinner which is scheduled for this June, family picnics, and our proposed Survivors Awareness Health Fair and 5K Beach Fun Run & Walk that is scheduled for April 2019, on Pismo Beach.

I would like to invite you to Support Coastal Thrivers by joining us during our Polynesian Benefit Dinner set for June 23rd, located at St. John's Lutheran Church in Arroyo Grande, to benefit survivors that are striving to thrive here on the Central Coast. You see we are not here to just survive! Thrivers are a light, encouraging other victims and survivors to Dig-in to life and be Thrivers!

For more information email info@coastalthrivers.org and go to <https://www.coastalthrivers.org/yearly-events> for details or to <https://coastalthriversinauguraldinner.brownpapertickets.com> for dinner tickets.

Distribution:

Media: The Tribune / Coast News / New Times

KCOY-TV / KSBY-TV / KCBX

Churches / Mental Health Services

Founder CEO of Coastal Thrivers and Board of Directors